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The Path of
Saint Rita



to Cascia

Exit the SS 208 Valnerina at
Sarnano and take the SS 300
towards Cascia. The town is
about 12 km away.

Cascia



The walk starts half-way up the hill overlooking the meadows and valley of the River Corca, and in some parts there are no railings and the path narrows considerably, so care must be taken. The walk begins at the church of Santa Maria, which lies below in Piazza Garibaldi. Turn left until in Via del Poggio, past the home of the famous confraternity of the Buena Maria and continue along the winding Via del Poggio. The road descends as far as the signpost to "Santo Rita", turn left here and walk up the easy steps. Turn right at the top in the opposite direction to Cascia to reach Roccaporena. At a 3-way junction take the level middle road. The Tower of Collegasura, some 700m up, is Rita's husband's site to the right. Cross the wooden bridge and go as far as the main road SS 300. From here continue left along the road and once through the tunnel you will come to the foot of the Scoglio Sacco. At Roccaporena, Rita's birthplace, you can visit the place where the Saint lived before entering the convent, her birthplace, her home as a married woman, the leper colony, the church of S. Romario. A visit to the Sanctuary for a well wisher, as is the tradition of S. Rita which welcomes young people from all over the world. After walking up to the top of the Scoglio, you can decide whether to return by public transport or whether to retrace your steps.