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Among the oak  
of Valle Tezze

a Cascia

Can from the SS 200 Vallnerina at Desanale and take the SS 307 towards Cascia

Cascia



[www.lavalnerina.it](http://www.lavalnerina.it)

The walk starts from the Tourist Office of Cascia in Piazza Garibaldi. Leave the church of St. Francis on your right and walk down the steps to cross Piazzele S. Francesca. From here turn left and walk down Via Cayour and after approx. 200m turn right (following the sign marked, Istituto Scolastico) and go up to the school on the left-hand side. From here turn left at a group of oak trees and then left again along the former road which leads into Valle Tezze. Continue along the main path for about 1 km and where the path bends, you'll see a wooden fence on the right. Take the left-hand road along the fence. Continue straight along a path which runs alongside a hedged ditch. Turn right at the junction and discover the village of Soled on your left. At the second junction turn right again. At the third junction take the left-hand path which rises to the summit of Mount Pulo, at Collezzano, where you can look out over Cascia and the surrounding area. From Collezzano a short, downhill stretch leads to the former road opposite the village of Casali di S. Antonio where our path turns right towards Cascia. Continue along the flat, tarred road for almost 1km. Turn right at the crossroads and then at the approach for the "Carabinieri". Turn right again downhill to the school, from where you can retrace your steps first downhill and then uphill to your starting point.