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Climbed to the
Mountain Forelane

From Cascia

Take the SS 200 towards Terni, after approx. 1 km from the town, go south a housing facility, take the right hand fork and a few metres later you'll be able to follow the sign to Fogliano.



Take care down the initial steep slope, leave the car at the entrance to the town at the foot of a large cement well and continue right uphill. Pass right at the fork and go past some local accommodation. Follow the track as far as a residential street, from here the track goes up to the left and continues to another fork. Turn left now up the hill. The track runs steeply for about 1.5 km. At the top of the hill turn right on to a wide track. After approx. 100 m, the road continues to the left on a bend, but car walk veers to the right as far as a field and from here we continue left up a winding path to reach the top of Mount Fighiano. Go back down the same path and take the right fork. At the crossroads where these roads meet, take the left-hand fork on apparently flat ground avoiding the downward path. After approx. 200 m you reach P'co Colonnata. From here, go past the fountain and take the left-hand road downhill. Go straight over the crossroads and after approx. 500 m turn right on to a path running alongside a field with a cross to the left. After approx. 2 km pass by an abandoned farmhouse and continue right. About 500 m later turn left at the fork on to an uncalmed path. Cross the farmed road, take the path that soon veers to the left to Pizzo. Once you reach the village, turn toward the church and take the road to the left-hand side which will take you back to the main road for Fogliano.